

## JUNIOR PURPLE 1 BELT

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

Telephone# \_\_\_\_\_ Last Promotion \_\_\_\_\_

<b>Attendance</b> (min. 30 classes)					<b>JUNIOR PURPLE 1 BELT REQUIREMENTS</b>				
1	2	3	4	5	<b>A) TE WAZA</b> Mawatte Uraken-Spinning backfist Mawashi tsuki-Hook punch				
6	7	8	9	10					
11	12	13	14	15	<b>B) KERI WAZA</b> Nidan Mawashi Geri-Double roundhouse kick (low/high) Mawatte mikazuki geri-Spinning crescent kick Tobi mae geri-Jump front kick Tobi Yoko geri-Jump Side Kick				
16	17	18	19	20					
21	22	23	24	25	<b>C) KATA</b> Pinan Sandan Naihanchi Nidan				
26	27	28	29	30					
31	32	33	34	35	<b>D) KUMITE</b> Iri kumi low kick/ Low kick block Iri kumi soft blocking/elbow blocking Freesparring demonstrating attacking techniques <i>Sen no sen</i>				
36	37	38	39	40					
Dues					<b>E) KOBUDO</b> Nunchaku ichi no kata				
					<b>F) OYO/SELF-DEFENSE</b> Headlock      Full nelson Bear hug (front and behind)				