

JUNIOR BROWN BELT/SANKYU 3rd Kyu

Name _____ Age _____ DOB ____/____/____

Telephone# _____ Last Promotion _____

Attendance (min. 40 classes)					JUNIOR BROWN 1 BELT REQUIREMENTS				
1	2	3	4	5	<p>A) KERI WAZA Mawatte ura mawashi geri-Spinning hook kick Tobi mawatte Ushiro Geri-Jump Spinning Back Kick Kakato otoshi geri-Ax kick</p> <p>B) KATA Pinan Yondan Naihanchi Sandan</p> <p>C) KUMITE Free sparring against 2 consecutive opponents</p> <p>D) KOBUDO Tunfa no Kata</p> <p>E) OYO/SELF-DEFENSE Double lapel grab Single lapel grab (with and without punch) Kicking defense</p>				
6	7	8	9	10					
11	12	13	14	15					
16	17	18	19	20					
21	22	23	24	25					
26	27	28	29	30					
31	32	33	34	35					
36	37	38	39	40					
41	42	43	44	45					
46	47	48	49	50					
<p>Assistance with teaching-15 hours</p> <p><i>Sensei to notate dates on back of card</i></p>									