

3rd KYU BROWN BELT

Name _____ Age _____ DOB ____/____/____

Telephone# _____ Last Promotion _____

Attendance (min. 40 classes)					BROWN BELT REQUIREMENTS	
1	2	3	4	5	<p>A) KERI WAZA Mawatte ura mawashi geri-Spinning hook kick Tobi mawatte Ushiro Geri-Jump Spinning Back Kick Kakato otoshi geri-Ax kick</p>	
6	7	8	9	10		
11	12	13	14	15		
16	17	18	19	20		
21	22	23	24	25		<p>B) KATA Passai Dai</p>
26	27	28	29	30		
31	32	33	34	35		<p>C) KUMITE Free sparring against 2 consecutive opponents</p>
36	37	38	39	40		
41	42	43	44	45		<p>D) KOBUDO Tunfa no Kata</p>
46	47	48	49	50		
51	52	53	54	55	<p>E) OYO/SELF-DEFENSE Double lapel grab Single lapel grab (with and without punch) Kicking defense</p>	
56	57	58	59	60		
<p>Assistance with teaching-15 hours</p> <p><i>Sensei to notate dates on back of card</i></p>						