**DRAGONS PURPLE BELT**

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age \_\_\_\_\_\_\_\_ DOB\_\_\_\_/\_\_\_\_/\_\_\_\_

Telephone#\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Last Promotion\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 |
| 31 | 32 | 33 | 34 | 35 |
| 36 | 37 | 38 | 39 | 40 |

**Attendance** (min. 40 classes)  **DRAGONS GREEN Belt Requirements**

Dojo Skills (yellow stripe)

Good listening skills, good training attitude, self-control and respect to your Sensei and others

A) UKE WAZA (blue stripe)

Middle outside block

B) TE WAZA (green stripe)

Side elbow strike

Rear elbow strike

C) KERI WAZA (red stripe)

*inside crescent kick*

*side kick*

*D) DACHI WAZA*

*crane stance*

*forward stance*

Dues

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